OUR FAMILY KITCHEN

FREEZER LABELS · BEEF · COLOUR

CLASSIC BEEF BOLOGNESE

BEEF · NO. 1

Frozen on: ___ / ___ / ___

Frozen as: Sauce

Servings: _____

THAW & REHEAT

Thaw overnight in the fridge. Reheat gently until piping hot, loosening if needed.

KEEP FROZEN
BEST WITHIN 3 MONTHS

BEEF BURGER PATTIES

BEEF · NO. 2

Frozen on: ___ / ___ / ___

Frozen as: Uncooked

Patties: _____

THAW & COOK

Thaw overnight in the fridge. Cook until cooked through to the centre.

KEEP FROZEN
BEST WITHIN 3 MONTHS

SLOW COOKER BEEF RAMEN

BEEF · NO. 3

Frozen on: ___ / ___ / ___

Frozen as: Beef & sauce

Servings: _____

THAW & REHEAT

Thaw overnight in the fridge. Reheat on the stove until piping hot. Cook the noodles fresh.

KEEP FROZEN
BEST WITHIN 3 MONTHS

SHEET-PAN COWBOY MEATLOAF

BEEF · NO. 4

Frozen on: ___ / ___ / ___

Frozen as: Cooked

Portions: _____

THAW & REHEAT

Thaw overnight in the fridge. Reheat, covered, until piping hot; uncover at the end. Add fresh crispy onions.

KEEP FROZEN
BEST WITHIN 3 MONTHS

Print at 100% (actual size) on A4. Each label is 85 × 110 mm. Cut around the border.
Write the date and portions before freezing.

OUR FAMILY KITCHEN

FREEZER LABELS · BEEF · COLOUR

CREAMY BEEF & SHELLS

BEEF · NO. 5

Frozen on: ___ / ___ / ___

Frozen as: Beef & sauce

Servings: _____

THAW & REHEAT

Thaw overnight in the fridge. Reheat until piping hot and cook the pasta fresh.

KEEP FROZEN
BEST WITHIN 3 MONTHS

CHILLI CON CARNE

BEEF · NO. 6

Frozen on: ___ / ___ / ___

Servings: _____

THAW & REHEAT

Thaw overnight in the fridge. Reheat until piping hot.

KEEP FROZEN
BEST WITHIN 3 MONTHS

COTTAGE PIE

BEEF · NO. 7

Frozen on: ___ / ___ / ___

Frozen as: Unbaked

Servings: _____

THAW & BAKE

Thaw overnight in the fridge. Bake at 180°C (160°C fan) for 40–45 min, until piping hot.

KEEP FROZEN
BEST WITHIN 3 MONTHS

BOBOTIE MINCE

BEEF · NO. 8

Frozen on: ___ / ___ / ___

Frozen as: Without topping

Servings: _____

THAW & BAKE

Thaw overnight. Add a fresh egg topping and bake at 180°C (160°C fan) for 40–45 min.

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OUR FAMILY KITCHEN

FREEZER LABELS · BEEF · LINE-ART

CLASSIC BEEF BOLOGNESE

BEEF · NO. 1

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Frozen as: Sauce

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BEST WITHIN 3 MONTHS

BEEF BURGER PATTIES

BEEF · NO. 2

Frozen on: ___ / ___ / ___

Frozen as: Uncooked

Patties: _____

THAW & COOK

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BEST WITHIN 3 MONTHS

SLOW COOKER BEEF RAMEN

BEEF · NO. 3

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Frozen as: Beef & sauce

Servings: _____

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